



## Second Class Worksheet

### PATROL

Enter Scout's Last Name in Boxes Below

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Requirement	Enter Date Completed for Scout in Boxes Below									
1a Demonstrate how a compass works and how to orient a map.										
1b Using a compass and a map together, take a 5-mile hike approved by your adult leader and a parent.										
2a Since joining, have participated in five separate troop/ patrol activities (other than patrol meetings), two of which included camping overnight.										
2b On one of these campouts, select your patrol site and sleep in a tent that you pitched.										
2c On one campout, demonstrate proper care, sharpening and use of the knife, saw, and ax, and describe when they should be used.										
2d Use the tools listed in 2c to prepare tinder, kindling and fuel for a cooking fire.										
2e Discuss when it is appropriate to use a cooking fire and a lightweight stove. Discuss the safety procedures for using both.										
2f Demonstrate how to light a fire and a lightweight stove.										
2g On one campout, plan and cook over an open fire one hot breakfast or lunch for yourself, selecting foods from the four basic food groups. Explain the importance of good nutrition. Tell how to transport, store and prepare the foods you selected.										
3 Participate in a flag ceremony for your school, religious institution, chartered organization, community, or troop activity.										
4 Participate in an approved (minimum of one hour) service project.										
5 Identify or show evidence of at least ten kinds of wild animals (birds, mammals, reptiles, fish, mollusks) found in your community.										
6a Show what to do for "hurry" cases of stopped breathing, serious bleeding and internal poisoning.										
6b Prepare a personal first aid kit to take with you on a hike.										
6c Demonstrate first aid for the following:										
<u>object in the eye</u>										
<u>bite of a suspected rabid animal</u>										
<u>puncture wounds from a splinter, nail and fishhook</u>										
<u>serious burns (second degree)</u>										
<u>heat exhaustion</u>										
<u>shock</u>										
<u>heatstroke, dehydration, hypothermia and hyperventilation</u>										

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7a Tell what precautions must be taken for a safe swim.										
7b Demonstrate your ability to jump feetfirst into water over your head, level off and swim 25 feet on the surface, stop, turn sharply, resume swimming, then return to your starting place.										
7c Demonstrate water rescue methods by reaching with your arm or leg, by reaching with a suitable object, and by throwing lines and objects. Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible, and explain why and how a rescue swimmer should avoid contact with the victim.										
8 Participate in a school, community, or troop program on the dangers of using drugs, alcohol, and tobacco and other practices that could be harmful to your health. Discuss your participation in the program with your family.										
9 Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.										
10 Participate in a Scoutmaster conference.										
11 Complete your board of review.										

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1 Demonstrate how to find directions during the day and at night without using a compass.										
2 Using a compass, complete an orienteering course that covers at least one mile and requires measuring the height and/or width of designated items (tree, ditch, etc.)										
3 Since joining, have participated in ten separate troop/patrol activities, three of which included camping overnight										
4a Help plan a patrol menu for one campout--including one breakfast, lunch and dinner--that requires cooking. Tell how the menu includes the four basic food groups and meets nutritional needs.										
4b Using the menu planned in 4a, make a list showing the cost and food amounts needed to feed three or more boys and secure the ingredients.										
4c Tell which pans, utensils, and other gear will be needed to cook and serve these meals.										
4d Explain the procedures to follow in the safe handling and storage of fresh meats, dairy products, eggs, vegetables and other perishable food products. Tell how to properly dispose of camp garbage, cans, plastic containers, and other rubbish.										
4e On one campout, serve as your patrol's cook. Supervise your assistant(s) in using a stove or building a cooking fire. Prepare the breakfast, lunch, and dinner planned in requirement 4a. Lead your patrol in saying grace at the meals and supervise cleanup.										
5 Visit and discuss with a selected individual approved by your leader (elected official, judge, attorney, civil servant, principal, teacher) your Constitutional rights and obligations as a U.S. citizen.										
6 Identify or show evidence of at least ten kinds of native plants found in your community.										
7a Discuss when you should and should not use lashings.										
7b Demonstrate tying the timber hitch and clove hitch and their use in square, shear, and diagonal lashings by joining two or more poles or staves together.										
7c Use lashing to make a useful camp gadget.										

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8a Demonstrate tying the bowline knot and describe several ways it can be used.										
8b Demonstrate bandages for a sprained ankle and for injuries on the head, the upper arm, and the collarbone.										
8c Show how to transport by yourself, and with one other person, from a smoke-filled room with a sprained ankle, for at least 25 yards										
8d Tell the five most common signs of a heart attack. Explain the steps (procedures) in cardiopulmonary resuscitation (CPR).										
9a Tell what precautions must be taken for a safe trip afloat.										
9b Successfully complete the BSA swimmer test.										
9c Demonstrate survival skills by leaping into deep water wearing clothes (shoes, socks, swim trunks, long pants, belt, and long-sleeved shirt). Remove shoes and socks, inflate the shirt, and show that you can float using the shirt for support. Swim 50 feet using the inflated pants for support, then show how to reinflate the pants while using them for support.										
9d With a helper and a practice victim, show a line rescue both as tender and as rescuer. (The practice victim should be approximately 30 feet from shore in deep water)										
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